



Ladner Stingrays Swim Club

Swimmer's Code of Conduct

I pledge to have and show a positive attitude and be responsible during my participation in Ladner Stingrays Swim Club by abiding by the following codes of conduct:

- I will practice and encourage good sportsmanship with all swimmers, coaches, officials and parents at every practice and event.
- I realize that I have a responsibility as a member of a team sport and will do my best to support the team throughout the season. I will always try my best.
- I will attend every practice, swim meet and team event that is possible and will give my coach reasonable notice prior to any practice, swim meet or team event, if I am unable to attend.
- I will do my best to listen and learn from my coaches. I will treat not only my coaches but also all coaches, swimmers and officials with respect and I will expect to be treated with respect in return.
- I will accept the decisions of coaches and meet officials without incident and will abide by the rules.
- If I disagree with a coaching decision I will speak to my parents who may act on my behalf or I will speak to the coach directly to express my views in a respectful manner.
- I deserve to have fun during my swimming season and will alert parents or coaches if it stops being fun or an enjoyable experience.
- I deserve to train and compete in an alcohol, drug, smoke and vape free environment and expect all participants to respect my wishes.
- I will encourage my parents to be involved and support my team and me in some capacity, as it is important to me.
- I will always try to be on time for practices, swim meets and team events.
- I will remember that swimming is an opportunity to learn and to have fun.
- I will agree to refrain from foul language, taunting, and talking disrespectfully.
- I will not accept or participate in bullying of any swimmer, verbally and emotionally.
- I acknowledge that all persons and especially children and young people have a right to be protected from abuse regardless of their age, gender, disability, culture, language, racial origin, religious beliefs or sexual orientation.
- Failure to comply with the above may result in my temporary or permanent suspension of swimming privileges.