

Weekly Online Schedule

FOR LADNER STINGRAYS

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 am							
9:00 am							
10:00 am							
11:00 am	Newsletter on Sunday	IG #Motivation Monday	IG #Tell me about it Tuesday	IG #We Create Wednesday	IG #Trek It out Thursday	IG #Foodie Friday	
12:00 pm							
1:00 pm							
2:00 pm							
3:00 pm		Div 1/2 Zoom		Div 1/2 Zoom		Div 1/2 Zoom	
4:00 pm		DIV 2/3 A Zoom		DIV 2/3 A Zoom		DIV 2/3A Zoom	
5:00 pm							
6:00 pm		DIV 2/3 B Zoom		DIV 2/3 B Zoom		DIV 2/3 B Zoom	
7:00 pm		SENIOR ZOOM	Masters	SENIOR ZOOM	Masters	SENIOR ZOOM	
8:00 pm							
9:00 pm							
10:00 pm							
11:00 pm							
12:00 am							
1:00 am							
2:00 am							
3:00 am							